



Født 8 juli 1967

Akademiske grader:

- 1986 Matematisk-fysisk student Silkeborg Amtsgymnasium.
- 1996 Lægevidenskabelig Embedseksamen Odense Universitet.
- 1996 Diplom opgave Odense Universitetshospital indenfor screening af tarmkræft.
- 2004 Ph.d. grad på afhandling om blodcirkulation i tarmsystemet Aalborg Universitet.
- 2005 Speciallæge i kirurgi.
- 2006 Speciallæge i kolorektal kirurgi.
- 2007 Klinisk lektor Aarhus Universitet.

Sprog: Dansk, Engelsk, Tysk

Specielle interesse områder:

Kikkertkirurgi med fokus på:

- Minimal invasiv behandling af overvægt (Fedmekirurgi)
- Minimal invasiv behandling af bugvægs og lyskebrok.
- Minimal invasiv behandling af galdesten.
- Minimal invasiv behandling af tarmkræft og overvægt.
- Minimal invasiv behandling af hæmorider og andre endetarms sygdomme
- Minimal invasiv behandling af fremfald af endetarmen (rektalprolaps)
- Udredning, diagnostik og behandling af tarmsygdomme.
- Endoskopisk diagnostik og terapi (avanceret gastroskopi, koloskopi, sigmoideoskopi).

Uddannelse/ansættelser

- | | |
|-----------|--|
| 2020 | Klinikchef, Fedmekirurgisk Center, Mølholm Privat Hospital. |
| 2018-2025 | Cheflæge, Mølholm Privat Hospital. |
| 2017 | Klinikchef, Organkirurgisk Center, Mølholm Privat Hospital. |
| 2013-2017 | Overlæge i sektion for kikkertkirurgisk behandling af tarmkræft og brok, Regionshospitalet Randers. Forskningsansvarlig, Klinisk lektor og vejleder for forskningsårs studerende, underviser af medicinstuderende. |

2012 - 2013	Overlæge i sektion for kikkertkirurgisk behandling af kræft i spiserør og mavesæk, Aarhus Sygehus. Klinisk lektor Aarhus Universitet. Studieophold på Karolinska, Stockholm og Lund Universitetshospital i Sverige.
2012	Studieophold, kikkertkirurgisk sektion, Mount Sinai Medical Center, New York.
2009	Uddannelse i gastrisk bypass kirurgi for overvægt på Mølholm Privat Hospital.
2005 – 2012	Overlæge i sektion for kikkertkirurgisk behandling af tarmkræft og brok, Regionshospitalet Randers. Klinisk lektor Aarhus Universitet.
2003-2005	1 reservelæge ved center for kikkertkirurgisk behandling af brok og tarmkræft, Regionshospitalet Horsens.
2001-2003	Kirurgisk uddannelse ved afdeling for urinvejs-kirurgi, kar-kirurgi, hjertelunge-kirurgi, bryst-kirurgi og mavetarm-kirurgi, Aalborg Universitetshospital.
1996-2000	Kirurgisk turnus uddannelse Regionshospitalet Silkeborg.
1996	Reservelæge ved infektionsmedicinsk afdeling, Odense Universitetshospital.
1996	Studieophold Lugala Hospital, Tanzania.
1992	Studieophold Christian Hospital Bissamcuttack, Orissa, Indien.
1987-1996	Lægevidenskabelig eksamen Odense Universitetshospital

Aktiv deltagelse i internationale konferencer og kurser:

1999 16`th international workshop for gastrointestinal Surgery, Davos, Schweiz
 2000 ATLS Advanced Trauma Life Support, Danmark
 2000 17`th international workshop for gastrointestinal Surgery, Davos, Schweiz
 2000 8`th United European Gastroenterology Week, Brussels, Belgien
 2001 18`th international workshop for gastrointestinal Surgery, Davos, Schweiz
 2003 11`th United European Gastroenterology Week, Madrid, Spanien
 2004 4`th international Symposium of Microdialysis, Wien, Østrig
 2005 42`th International Surgical Week, Durban, Sydafrika
 2006 European Institute of Telesurgery, Strasbourg, Frankrig
 2007 Definitive Surgical Trauma, International association for Trauma Surgery, København, Danmark
 2007 43`th International Surgical Week, Montreal, Canada
 2007-2015: Faculty member, Swiss Surgical Course Davos, Schweiz
 2008 European Hernia Society, Sevilla, Spanien
 2008 Laparoscopic Ventral Hernia Repair Masterclass, Paris, Frankrig
 2009 Colorectal disease Symposium, Cleveland Clinic, Florida, USA
 2009 International Workshop on Laparoscopic Bariatric Surgery, Gøteborg, Sverige
 2009 14`th World Congress of Bariatric Surgery, Paris, Frankrig
 2010 8`th international Expert Meeting for Surgery of Obesity, Saalfelden, Østrig
 2010 15`th World Congress, American Society for Bariatric Surgery, Los Angeles, USA
 2011 Society of American Gastrointestinal Surgeons (SAGES), Texas, USA
 2011 Abdominal Wall Masterclass, Paris, Frankrig

2011 Colorectal disease Symposium, Cleveland Clinic, Florida, USA
2011 45`th International Surgical Week, Yokohama, Japan
2012 American Society of laparoscopic Surgeons, New York, USA
2012 3`th Gastric Cancer Workshop, K ln, Tyskland
2013 10`th International Gastric Cancer Congress, Verona, Italien
2014 European Colorectal Congress, Munchen, Tyskland
2015 1`st world Congress on abdominal wall Surgery, Milano, Italien
2016 38`th International Congress, European Hernia Society, Rotterdam, Holland
2016 Clinical Congress, Chicago, USA
2017 39`th International Congress, European Hernia Society, Wien,  strig
2018 40`th American and European hernia Society annual meeting, Miami, USA.
2019 IFSO (Verdenskongres i fedmekirurgi) Madrid, Spanien.
2019 41`th International Congress, European Hernia Society, Hamborg, Tyskland
2020 Challenges in Bariatric Surgery, Hamborg, Tyskland
2021 42`th International Hernia Congress, European Hernia Society, Danmark
2022 IFSO (Verdenskongres i fedmekirurgi), Miami, USA.
2023 B.E.S.T Bariatric congress, Brugge, Belgium
2024 IFSO (Worldcongress Bariatric Surgery) Melbourne, Australia

Medlemsskaber af videnskabelige selskaber,

Organisationen af L gevidenskabelige selskaber
Dansk Kirurgisk Selskab
DSF Adipositasforskning
Danske Kirurgers Organisation
European Hernia Society
International Federation of Metabolic and Bariatric Surgery (IFSO)
N stformand og kasserer i Dansk Herniedatabase

Undervisning

Underviser p  kurser i kikkertkirurgi for speciall ger under Dansk Kirurgisk selskab.
Underviser i kirurgi for speciall ger under Center for minimal invasiv kirurgi (MIUC).
2007-15 medlem af Fakultetet for uddannelse i kikkert kirurgi af europ iske kirurger i Davos, Schweiz.
Opponent p  flere Ph. D afhandlinger.
Forfatter til Kirurgisk Atlas for yngre l ger om kirurgisk behandling af lyskebr k og overv gt.
Vejleder for forsknings rs-studerende.

Reviews

Ugeskrift for L ger
Scandinavian Journal of Gastroenterology
American Journal of Surgery
Hernia

Ulands arbejde

1992 Christian Hospital, Orissa, Indien
1996 Ulanga Hospital, Tanzania
2007 Visit Addis Abeba Fistula Hospital, Addis Abeba, Etiopien
2008 Visit Department of Surgery, Katmandu Model Hospital, Nepal
2018 Dangbo Hospital, Benin, Hernia International Team
2019 Ganta Hospital, Liberia, Hernia international Team
2023 Sisters of Nativity Hospital, Abuja, Nigeria, Hernia International Team
2024 J.M Kariuka County Hospital, Nyandarua, Kenya, Hernia International Team
2025 J.M Kariuka County Hospital, Nyandarua, Kenya, Hernia International Team

Poster præsentationer på kongresser

Detection of intestinal ischemia using a microdialysis technique in an animal model.
United European Gastroenterology Week, Brussels 2000.

Detection of intestinal ischemia by intraluminal or intraperitoneal microdialysis.
4th Microdialysis user symposium, Vienna 2004.

Intraperitoneal microdialysis.
International Surgical Week, Durban, South Africa 2005.

Laparoscopic repair of perforated ulcer in western Denmark.
Digestive Diseases Week, San Diego 2009.

Laparoscopic repair of perforated ulcer.
International Surgical week, Yokohama, Japan 2011.

Turning from open to laparoscopic Surgery in the treatment of Colorectal Cancer.
6th International Congress of Laparoscopic Colorectal Surgery, Brighton, England 2011.

Breast Cancer as Day Surgery-experiences after the first Year.
8th European Breast Cancer Conference, Vienna, Austria 2012.

Randomized Clinical Trial of Self-Gripping Mesh versus Sutured Mesh in Lichtenstein Hernia Repair.
World Hernia Congress New York 2012.

Randomized controlled Trial comparing Phosphoral and Moviprep.
United European Gastroenterology Week 2012.

Time to Event Analysis for re-operation of Internal Herniation after Double Loop Linear Gastric Bypass
American Society of Bariatric and Metabolic Surgeons, Los Angeles 2015.

Foredrag på kongresser

Detection of intestinal ischemia using a microdialysis technique in an animal model.
Danish Surgical Society annual meeting, Copenhagen 2004.

Laparoscopic repair of incarcerated Hernia, DVD presentation.
European Hernia Society Annual Meeting, Sevilla 2008.

Structured bariatric fellowship at Moelholm Private Hospital.
Expert Meeting Bariatric and Metabolic Surgery, Saalfelden 2010.

Structured bariatric fellowship at Moelholm Private Hospital.
World Congress of Bariatric Surgery IFSO, Los Angeles 2010.

Laparoscopic treatment of perforated ulcers.
Danish Surgical Society annual meeting, Copenhagen 2010.

Learning gastric bypass surgery.
Danish Surgical Society annual meeting, Copenhagen 2010.

Laparoscopic ventral hernia repair in a Day Surgery unit.
Danish Surgical Society annual meeting, Copenhagen 2012.

DynaMesh® in the repair of laparoscopic ventral hernia.
31st International Congress of the European Hernia Society, Gdansk Poland 2013.

Minimal Invasive Esophageal Surgery – results from Aarhus.
1st Scandinavian Workshop on Gastric- and Esophageal-cancer for Nordic Academic Units, Aarhus University Hospital 2013.

Perioperative music in patients undergoing laparoscopic cholecystectomy.
International Surgical Week, Finland 2013.

Leakage rate after laparoscopic resection with intracorporeal anastomosis.
Danish Surgical Society annual meeting, Copenhagen 2016.

Evidence for TAPP repair
2021 42th International Congress, European Hernia Society, Copenhagen

Hernia Surgery in developed countries – Hernia International
Danish Hernia Database annual meeting 2024

Publikationer

Sommer-T, Kronborg-O.
Haemocult-II test in a population screening study for colorectal neoplasia.
Diploma study, Department of surgical gastroenterology, Odense University, 1996.

Sommer-T, Kronborg-O.
Possible causes of a positive Haemoccult-II test in a population screening study for colorectal neoplasia.
Eur J Cancer Prev. 1996;5(3): 81-7.

Korsgaard-J, Rasmussen-TR, Møller-J, Sommer-T, Kilian-M, Jensen-JS.
Subacute fiberbronchoscopy with BAL in adult patients with lower respiratory tract infection.
Norwegian Respiratory journal 1999, Vol 9, Suppl.11, 21.

Sommer-T.
Lumbar intercostal hernia--a rare condition.
Ugeskr Laeger 1999,161: 6640-6641.

Sommer-T, Nilsson-T.
Surgical mesh implantation in incisional hernia. A historical follow up study.
Ugeskr Laeger 2000,162: 5209-5211.

Sommer-T, Strand-L.
Standardisation of surgical mesh implantation in incisional hernia.
Ugeskr Laeger 2000,162: 6078-6080.

Sommer T, Larsen JF.
Intestinal ischemia measured by a microdialysis technique.
GUT 2000; 47 (Suppl III) P.1136.

Rasmussen TR, Korsgaard J, Møller J, Sommer T, Kilian M.
Quantitative Culture of Bronchoalveolar Lavage Fluid in Community Acquired Lower Respiratory Tract Infections.
Respir Med 2001;95(11): 885-90.

Korsgaard, J., Rasmussen, T.R., Sommer, T., Møller, J., Jensen, J. & Kilian, M.
Intensified microbiological investigations in adult patients admitted to hospital with lower respiratory tract infections.
Respir Med. 2002;96(5): 344-51.

Sommer T, Larsen JF.
Intestinal ischemia measured by a microdialysis technique.
World Journal of Surgery 2003;27: 416-20.

Sommer T, Paulsen J.
Herpes zoster as differential diagnosis of ureterolithiasis.
Ugeskrift for læger 2003;165: 1144-45.

Sommer T, Larsen JF.
Validation of intramural intestinal microdialysis.
Scand J Gastroenterology 2004;39(5): 493-499.

Sommer T.
Colonic obstruction due to adhesive splenomegaly – report of a case.
Diseases of the Colon and Rectum 2004;47(10): 1738-39.

Sommer T, Larsen JF.
Intraperitoneal and intraluminal microdialysis in the detection of regional intestinal ischemia.
British Journal of Surgery 2004;91(7):855-861.

Sommer T.
Microdialysis in the assessment of intestinal ischemia.
PhD Thesis, Aalborg University, Denmark 2004.

Sommer T.
Microdialysis of the bowel: a possibility of monitoring intestinal ischemia – a review.
Exper Rev. Med. Devices 2005;2(3):277-286.

Zinther NB, Sommer T.
Pancreatic pseudocyst located in the mediastinum.
Ugeskr Laeger 2007;169(1): 61.

Erichsen R, Sommer T.
Toothpick perforation of the intestine causing abdominal wall abscess.
Ugeskr Laeger. 2009: 171(19):1609-10.

Sommer T, Elbroend H, Andersen HF.
Laparoscopic repair of perforated ulcer in western Denmark.
Scand J Surg 2010;99:119-121.

Sommer T.

Internal Hernia as a complication after Laparoscopic Gastric Bypass.
Ugeskr Laeger 2011;173:1580-1.

Sommer T, Larsen JF, Raundahl U.
Eliminating learning curve related morbidity in fast track laparoscopic Roux-en-Y gastric bypass.
J Advanced Laparoscopic Techniques 2011;21:307-12

Jorgensen LN, Sommer T, Assaadzadeh S, Strand L, Dorfelt A, Hensler M, Rosenberg J; Danish Multicentre DANGRIIP Study Group. Randomized clinical trial of self-gripping mesh versus sutured mesh for Lichtenstein hernia repair.
Br J Surg 2013;100(4):474-81.

Sommer T, Friis-Andersen H.
DynaMesh® in the repair of laparoscopic ventral hernia: a prospective trial.
Hernia. 2013 17(5):613-18.

Graversen M, Sommer T.
Perioperative music may reduce pain and fatigue in patients undergoing laparoscopic cholecystectomy.
Acta Anaesthesiol Scand. 2013 57(8):1010-16.

Petersen TI, Pahle E, Sommer T, Zilling T.
Laparoscopic Minimally Invasive Total Gastrectomy with Linear Stapled Oesophagojejunostomy – Experience from the First Thirty Procedures.
Anti Cancer Research 2013;33(8):3269-73.

Vinbaek M, Sommer T.
Conservative treatment of oesophageal perforation in a child caused by a toothbrush.
Ugeskr Laeger 2014 176: 10:176

Jensen MB, Nørager CB, Sommer T, Madsen MR, Laurberg S
Changes in fatigue and physical function following laparoscopic colonic surgery
Polish J Surg 2014;1:86:82-8.

Errebo M, Sommer T
Leakage and internal herniation are the most common complications after gastric bypass
Danish Medical Journal 2014 61(5):A4844

Kristiansen SB, Johnsen PH, Sommer T.
Congenital trans-mesenteric hernia with incarceration in a five-year-old boy.
Ugeskr Laeger. 2014 ;8;176(50)

Makki A, Murra M, Sommer T.
Cat Scratch Disease as a differential diagnosis in a patient with swelling in the groin.
Ugeskr Laeger. 2014 11;176

Haas S, Andersen LM, Sommer T.
Randomized controlled trial comparing Moviprep® and Phosphoral® as bowel cleansing agents in patients undergoing colonoscopy.
Tech Coloproctol. 2014;18(10):929-35

Dohrn N, Sommer T, Bisgaard J, Rønholm E, Larsen JF.

Difficult Tracheal Intubation in Obese Gastric Bypass patients.
Obes Surg. 2016 Nov;26(11):2640-2647.

Munkedal DLE, Rosenkilde M, Nielsen DT, Sommer T, West NP, Laurberg S.
Radiological and pathological evaluation of the level of arterial division after colon cancer surgery.
Colorectal Dis. 2017;19(7):O238-O245

Vogt JS, Larsen AC, Sommer T, Ejstrup P.
Quality of endoscopic surveillance of Barretts esophagus
Scand. J Gastroenterol 2018;53(3):256-259.

Peters EG Smeets BJJ, Nors J, Back BM, Funder JA, Sommer T et al
Perioperative lipid-enriched enteral nutrition versus standard care in patients undergoing elective colorectal surgery (Sanics II).
Lancet Gastroenterol Hepatol 2018;3(4):242-251

Leakage rate after laparoscopic ileocolic intracorporeal anastomosis.
Nors J, Sommer T, Wara P.
J Laparoendoscopic Adv Surg Tech: 2018, May

Treatment of incisional and parastomal hernias in Denmark.
Christoffersen MW, Jensen KK, Krogsgaard M, Dorfelt A, Friis-Andersen H, **Sommer T**, Wensel N, Henriksen NA, Andresen K, Bisgaard T, Rosenberg J, Helgstrand F.
Ugeskr Laeger. 2023 Jan 2;185(1):V10220593.

Dansk Herniedatabase: Sikre superviserede operationer på offentlige sygehuse.
Helgstrand F, Henriksen N, Sommer T, Dorfelt A, Andresen K, Peitersen L, Krogsgaard M, Christensen MK, Willaume M, Rosenberg J, Zinther NB, Wensel N, Puggaard CG, Rühmann B.,
Ugeskr Læger 2024; 186: 1774.

Non-operative considerations in relation to groin and ventral hernia repair: local consensus recommendations from the Danish Hernia Database.
Rosenberg J, Christoffersen MW, Krogsgaard M, Henriksen NA, Andresen K, Christensen MK, Dorfelt A, Peitersen L, Sommer T, Wensel N, Zinther NB, Helgstrand F.
Hernia 2025; 29: 186

Management of Adult Groin Hernia in Denmark: a National Updated Consensus.
Kirk M, Henriksen NA, Christoffersen MW, Andresen K, Dorfelt A, Krogsgaard M, Peitersen L, Sommer T, Helgstrand F, Rosenberg J.
Journal of Abdom. Wall Surg. Volume 4. 2025.

Rectus diastase hos mænd.
Nadia A. Henriksen¹, Mette Willaume Christoffersen², Kristoffer Andresen³, Marie Kirk Christensen⁴, Allan Dorfelt⁵, Marianne Krogsgaard², Jacob Rosenberg³, Thorbjørn Sommer⁶, Nina Wenzel⁷, Nellie Bering Zinther⁸ & Frederik Helgstrand²
Ugeskr for Laeger. 2025;187:V04250320.

Referencer:

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Lars Maagaard Andersen, overlæge, klinikchef for Klinik for Kirurgi og Kræftbehandling Aalborg Universitetshospital.

Knud Thygesen Nielsen, tidligere overlæge, kirurgisk sektion for behandling af tarmkræft, Regionshospitalet Randers.