

## Rules for your regular medication before surgery

You will need to take your medication as usual in connection with the surgery.

However, there are the following exceptions:

Acetylsalicylic acid (e.g., Hjerdyl®, Hjertemagnyl®, Kodimagnyl®, Treo®)

Stop 3 days before surgery and resume the day after surgery.

PLEASE NOTE: If you have previously had a blood clot, undergone balloon angioplasty or had a stent inserted in your heart, special rules apply and you may only stop taking Acetylsalicylic Acid when agreed with your doctor.

Other types of blood thinners

During your pre-surgery consultation, You should discuss with your surgeon if you need to stop taking blood thinners for a while prior to surgery.

Diabetes medicine

- If surgery is scheduled before 12 noon, you should not take insulin and other blood sugar regulating medication in the morning on the day of surgery.
- If surgery is planned after 12 noon, you will need to take insulin and other blood sugar regulating medication as usual in the morning on the day of surgery.

Naltrexone

Stop 3 days before surgery and resume 3 days after stopping morphine-like medication after surgery.